

# Health Connection

FROM YOUR FRIENDS AT DYERSBURG  
REGIONAL MEDICAL CENTER

**Move your body  
to build your mind**

**Living well with  
heart disease**

**Keep beating!**  
Advanced heart  
technology is here

**We care for women**  
Our Women's Center  
serves you

**Find the  
right physicians  
for you**



**DYERSBURG**

REGIONAL MEDICAL CENTER

QUALITY CARE. RIGHT HERE.

[www.dyersburgregionalmc.com](http://www.dyersburgregionalmc.com)



Russell Pigg  
Chief Executive Officer

### Dear neighbors,

I'm excited to be the chief executive officer of Dyersburg Regional Medical Center (DRMC). My family and I moved to Dyersburg from Clarksville, where I had been with a sister hospital for more than three years. Since starting in May, I've been overwhelmed by how welcoming the DRMC medical staff and community have been.

#### GROWING FOR YOU

At a time when organizations are struggling, DRMC has been growing. We continue to invest in our facility with

aesthetic upgrades, new equipment like our 64-slice CT scanner and new services such as our cardiac catheterization lab. We're also recruiting physicians and staff, both in primary care and specialty areas.

Our goal is to continue to expand and improve our services to offer the best possible and most compassionate care for our patients. We're growing to serve you and become your preferred medical center, right here at home. I wish you and your family good health!

Best regards,

RUSSELL PIGG  
Chief Executive Officer  
Dyersburg Regional Medical Center

## Delivering comprehensive women's care

Dyersburg Regional Women's Center (DRWC) offers complete Ob/Gyn services, from comprehensive prenatal care to birthing to cancer screenings.

A team of skilled and dedicated professionals provides our community with quality prenatal, labor, delivery and nursery care. DRWC's medical staff is available 24 hours a day to provide you with advanced delivery and recovery care. DRWC emphasizes compassionate, minimally invasive, quality care delivered by board-certified physicians available 24 hours a day for emergency care.

#### IMPORTANT CANCER SCREENING

DRWC recommends all women have annual Pap tests to collect and examine cells for any changes indicating the possibility of cancer. Women should have an annual Pap test beginning after the onset of sexual activity but no later than age 21. Beginning at age 30, Pap tests should be repeated at least every three years, or annually, as recommended by your physician based on your age, lifestyle, reproductive health and



DRWC board-certified Ob/Gyns (l-r) Johnny Joyner, M.D., Rwanda Campbell, M.D., and Beverly Love, M.D.

heredity. At age 70 and older, your physician may discontinue testing if you've had three normal tests and no abnormalities for a 10-year period.

### ! Women: We care for you!

To learn more about the comprehensive women's services at Dyersburg Regional Women's Center, located at 315 E. Tickle St., Suite A, call (731) 285-2100.

## THE RIGHT PHYSICIANS FOR YOU

The experienced medical staff members of Dyersburg Regional Medical Center (DRMC) can help your family stay healthy. We'd like to introduce three of them to you.



**VINCENT C. KENT, M.D.**  
Orthopedic Surgery

This August, DRMC welcomed Vincent C. Kent, M.D., to our physician family. He completed medical school at the University of Medicine and Dentistry of New Jersey in Newark, N.J., and performed his residency in orthopedic surgery at the Los Angeles County+USC Medical Center in Los Angeles, Calif. Dr. Kent is a member of the American Medical Association and the American College of Sports Medicine. Dr. Kent's offices are at 1716 Parr Ave., Suite C, in Dyersburg and 1999 Highway 51S in Covington. For an appointment, call his office in Dyersburg at (731) 288-3370, or in Covington at (901) 475-9229.



**RWANDA CAMPBELL, M.D.**  
Obstetrics/Gynecology

DRMC welcomes board-certified Ob/Gyn Rwanda Campbell, M.D., to our team. Dr. Campbell received her medical degree from the University of Chicago and completed her Ob/Gyn residency at the Naval Medical Center San Diego. Dr. Campbell is certified by the American Board of Obstetrics and Gynecology, and she has a special interest in minimally invasive surgery. Dr. Campbell was in private practice in Woodbury, Minn., before joining Dyersburg Regional Women's Center in March. To make an appointment, call (731) 285-2100. The office is located at 315 E. Tickle St. in Dyersburg.



**BERNIE L. BRUNSON, M.D., FACS**  
General Surgery  
DRMC Chief of Staff

Board-certified general surgeon Bernie L. Brunson, M.D., FACS, graduated from the University of Louisville School of Medicine in Louisville, Ky., and continued his postgraduate training at Good Samaritan Hospital in Cincinnati, Ohio, where he served as chief resident of general surgery from 1992 to 1993. Dr. Brunson is a Fellow of the American College of Surgeons and was one of America's Top Surgeons in 2009, according to the Consumers' Research Council of America.

A Dyersburg resident for four years, Dr. Brunson is DRMC's chief of staff. To make an appointment with Dr. Brunson, call (731) 286-4445. His practice, Mid-South Surgical, is located at 1718 Parr Ave., Suite A, in Dyersburg.

To find a physician by specialty, call (731) 285-2410  
or visit [www.dyersburgregionalmc.com](http://www.dyersburgregionalmc.com).

Find out  
**what's cooking**  
at [www.dyersburgregionalmc.com](http://www.dyersburgregionalmc.com).



New recipe ideas and a  
cooking video every month

HEALTHY  
WOMAN

## Lose weight, feel great!

If you're overweight or obese, you're more likely to develop conditions like heart disease, diabetes and liver disease.

To assess your risks and get help with lifestyle changes, visit [www.dyersburgregionalmc.com](http://www.dyersburgregionalmc.com).



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70DRM

# Advanced heart technology at DRMC

**D**iagnosing heart disease has reached a new level at Dyersburg Regional Medical Center (DRMC). Today, cardiac catheterization—using a thin, long, flexible tube called a catheter—helps physicians pinpoint the location of a blocked artery and diagnose blockages and narrowing heart valves.

## STEP BY STEP

You'll likely spend the night before your cardiac catheterization at home and refrain from eating or drinking after midnight. At DRMC the next morning, technicians will shave the area where the catheter will be inserted (usually at the right elbow or either side of the groin). Your cardiologist will use a local anesthetic to numb the incision spot and will thread the catheter through the blood vessel and into the heart. You'll be awake but sedated throughout the procedure.

A monitor shows X-ray images of the catheter as it's threaded through the artery and into the heart's chambers, helping your cardiologist guide the catheter into position. Your cardiologist can then carry out necessary cardiac tests.

## SUPERIOR IMAGING

If you're undergoing coronary angiography, your physician will inject dye through the catheter into the blood vessels and heart chambers, producing sharp X-ray images that point to the site, shape and extent of blockage—information that can't be found by any other method.

An outpatient cardiac catheterization or coronary angiography takes about an hour. You shouldn't feel any pain, and discomfort should be minimal. A feeling of pressure



Cardiologist Tommy Miller III, M.D., views an image of a patient's heart.

is common when the catheter is inserted. Sometimes a burning sensation occurs with injected dye, but this feeling disappears quickly.

## The right cardiologists for you

**T**o make an appointment with DRMC board-certified cardiologists Louis Cunningham, M.D., FACC, or Tommy Miller III, M.D., of Mid-South Heart Center, call (731) 288-3389. Their office is located at 1716 Parr Ave., Suite C, in Dyersburg.