



## Lose to Win 2010 Participant Agreement

Date \_\_\_\_\_

Name \_\_\_\_\_  
(last) (first) (middle initial)

Address \_\_\_\_\_ DOB \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell \_\_\_\_\_

Email Address \_\_\_\_\_

Team Name \_\_\_\_\_

Team Members \_\_\_\_\_ Phone \_\_\_\_\_  
\_\_\_\_\_ Phone \_\_\_\_\_  
\_\_\_\_\_ Phone \_\_\_\_\_

### Lose to Win Challenge Agreement

I am voluntarily participating in the Lose to Win Challenge from February 4, 2010 to April 1, 2010. I understand that, as part of the Challenge, I will be allowed to purchase a two month membership at Ultimate Fitness or the YMCA at \$25.00 off the regular rates and to use their equipment and facilities during this period.

I understand that exercise can be strenuous and it is recommended that I see my doctor before beginning a new diet or exercise program. I understand that there will be rules related to the Challenge and use of the equipment and facilities and agree to follow such rules.

I assume all risk related to participating in the Challenge, use of equipment and facilities and all exercise shall undertaken by me. I agree that Dyersburg Regional Medical Center, Ultimate Fitness, the YMCA and each such entity's employees, servants or agents shall not be liable to me and I shall indemnify and hold them harmless for any injuries, claims, damages, actions or causes of actions, or costs whatsoever to me or my property arising out of or connected with my participation in the Challenge, including but not limited to my use of the equipment or facilities, any services provided during this event by an entity, facility or center or on the premises where any such facility or center is located.

I have read all the above information and had all of my questions answered to my full satisfaction.

Participant's Signature \_\_\_\_\_ Date \_\_\_\_\_

Ultimate Fitness or YMCA Staff Signature \_\_\_\_\_ Dyersburg Regional Medical Center Signature \_\_\_\_\_ Date \_\_\_\_\_

Dyersburg Regional Medical Center, YMCA, and Ultimate Fitness are separate entities providing separate and independent contributions to this event, and their participation in no way constitutes a joint venture or partnership between them.